

D. Roberta Della-Picca's Body Map

From the creative depths of the primordial soup I arose...surrounded, engulfed, nurtured and protected by Spirit Guides and Ancestors through a childhood of hell, physical, verbal, psychological, emotional, sexual and spiritual abuse, shame, blame...abject futility...awkward puberty...sexually-provocative drunken late teens abuse, maligned, raped and further shamed

Trudging through on bleeding soles (soul?) through which life-essence oozed...silent, hopeless, gawky, moody, easily-triggered, constantly experiencing unidentified flashbacks, never realizing the magnitude of the damage - finally identified as suffering from post-traumatic stress disorder...unbelievably ever resilient, constantly seeking refuge and healing modalities...suicide attempts hopelessness assuaged...ever-present Spirit Guides and Ancestors.

Working stiff...functionally-alcoholic...consumed by rage and terror...slim hope of finding a purpose..wandering...bereft of hope...faith LONG gone...searching high and low...never looking inside...knowing the empty shell covers the Truth of Who She REALLY is...a Child of the Universe.

Ever-present spirit guides and ancestors egging her on...hinting at a Higher Purpose...hinting at a Life Mission. Decades of non-judgmental, caring, concerned, empathetic, understanding Elders with their calm encouragement...Finding just an hint of a whisper of a voice...opening Pandora's box, the lid of which would NEVER be shut again. Answered prayers in the form of unconditional loving-kindness - Angels in the guise of offspring - unflinching devotion

Maturing into her Soul Essence...sharing the seeds of wisdom sown by Elders, Keepers of the Traditions with the Next Generation...those Sacred Seeds fall upon fertile ground...magically overseen by Mother Earth and Grandmother Moon...constant reminders of the Resilience of Her Women

Living Proof of the glorious resurrection of the Phoenix: reciprocated creative community involvement - the pathway from egocentricity to philanthropy...mirrored Inner Beauty...blueprint of the Soul...