

## Amy's Journey

My outline represents the feelings of the trauma I went through. Not the exact experience (that would have been hard to do). Both body outlines are positioned as native people dancing (pow wow dancing). Getting back to my roots helped me fulfill and grow my cultural background, this was critical to my healing journey.

The relationship between my support system and I represent the bond I extracted through them with my culture. Not enabling me to go on my own. Rather introducing an alternative to heal.

The origin represents my native background and the beginning of my healing journey. Also not only do we come from our mother's womb, we also originate from mother-nature. The fetus underground is connected to the natural background. I believe purple is a healing colour, which is why it's streaming through the fetus. Kinda like a reminder that there are gonna be tough times, but they are possible to get through.

For my younger years, I was abused and thought it was normal. I didn't know it was wrong. There's a small white flower top right with black ground; it shows it's still blooming. Like myself I was still able to grow in the wrong and look like a happy child.

On the bottom of my canvas, there's a lot of blue figures that represent my emotional state while living with my auntie, then my dad. Painting the memory would be more unbearable, so I painted the feelings instead. Although one of the demons on the left side are one of my past abusers, I added tears to their face, because I still love them. Especially what they have done was beyond Quentin Tarantino's imagination, there was a sickness they had and were not able to see it, and get themselves help for it.

The tree that has white roots represents that I'm still growing and not being ignorant about my past and still remember where I came from, making me who I am today. I believe there's good in everyone which is why there's that great big heart in the centre.

Last but not least, the future I painted mountains and an eagle, to represent my highest point in life and to have success. You'll notice musical notes through the canvas, it represents that music is me, I am music always have and always will be. Even in the future because music is my air.