

# SENTINEL

Algoma University's Student Newspaper

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- October 1999

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NEWS \* SPORTS \* OPINIONS \* ARTS \* AND MORE

## Editor's Comments

## Horoscopes con't

Welcome to the Sentinel! I am sure you are all wondering the same thing, "Why do I never see a copy of the Sentinel anywhere?" or it could be "I didn't even know we had a newspaper at this school"

Well I am here to try and make up for all of that and beg forgiveness for my tardiness.

With that being said, I am sure all of you are busy with mid term exams, papers, assignments, and regular homework that you don't even know what is going on at the school. Well to borrow a line from Braveheart, "that is something we shall have to remedy".

In this issue we have news from Student Services, Student Council, and a few bits and pieces of entertainment. So take a break from your studying for a couple of minutes and read the newspaper.

If you see something you like, let us know, we're always happy to hear from you.

Matthew Ferris  
Editor, Sentinel

## Horoscopes

### Aries Mar 21/Apr 20

Stop procrastinating. The energy you spend worrying about deadlines could be better spent on doing your homework. Your efforts will improve drastically if you give yourself a headstart.

### Taurus Apr 21/May 21

It's time to make some changes in your personal life. Try using a different type of toothpaste.

### Gemini May 22/June 21

Romance is in the air, don't be afraid to ask out that special someone that has been on your mind, the planets are aligned in your favor. Everything will be ok if you remain calm and cool. It wouldn't hurt to put on some extra deodorant on the big day.

### Cancer June 22/July 22

A family member needs to borrow money this week, don't be too fast in saying no. Make sure you find out how urgent and important their need is, then you can say no.

### Leo July 23/August 23

Take some time to think about your relationship. Are you happy with the person you are with? If so, let them know, if not, don't drag it on, start looking for greener pastures. You will appreciate the freedom and in the end, both of you will be happier.

### Virgo Aug 24/Sept 22

Someone at work is really going to piss you off this week. They are under tremendous stress and pressure and probably didn't mean it, but if you don't put your foot down and say something about it, it will keep happening. Remember it is the squeaky wheel that gets the grease, and these particular circumstances won't change if you don't start squeaking.

### Libra Sept 23/Oct 23

What an impressive astrological sign, if you were born this month, you share a sign with Thanksgiving and Jean Claude Van Damme. Now if that isn't something to give thanks about, I don't know what is.

### Scorpio Oct 24/Nov 22

Don't be afraid of failure this month, just because you didn't succeed doesn't mean you wasted your time. Learn from your mistake and make sure you don't do it again. When you keep making the same mistake over and over again, then you should start to worry.

### Sagittarius Nov 23/Dec 21

Don't be quick to judge a person by first appearance alone. Although you usually have good judgement when it comes to people, try being a little more patient with others this month. It will be worth a little extra effort to give this person a chance because the benefits of this friendship will return to you tenfold the effort you put into it.

### Capricorn Dec 22/Jan 20

Things are starting to look up this month in your personal affairs, enjoy things while they are fun but don't commit yourself to a relationship until you tie up any loose ends from your last relationship.

### Aquarius Jan 21/Feb 18

Treat yourself to something special this week, a movie, a new sweater, or a massage from the GLC ( only \$20 for half an hour.)

### Pisces Feb 19/March 20

All of your financial worries are going to get even worse this month. If you have a car, I would suggest increasing the insurance. Also, stay away from the Casino for awhile.

# Algoma University Student's Association

On behalf of AUSA we would like to thank everyone that has come out to participate in our events, and encourage everyone that hasn't to get out there and participate. Here are some of the upcoming events to look out for:

October 28 Halloween Party

Prizes for Best Costume, most original costume, door prizes and other contests

November 4 Musician Joe Kennedy

The best in one man music

November 11 Comedian Terry Parker

What better way to celebrate Remembrance Day than with a comedian

December 2 Rave Nite

We're going all out on this one. If you are going to attend just one event this year this is the one! (Of course you should try and attend them all)

December 9 Christmas Party

Blow off a little steam before exams and party down with all your Algoma chums one last time before the Millennium ends.

If you have any questions about the school, your classes, student activities, the Canadian Federation of Students, or just about anything under the sun, just drop by and ask. We will be happy to help.

## NEW MEMBERS ON STUDENT COUNCIL!!

AUSA is pleased to welcome to their team:

**Marnie Antoniow**

Native Affairs Representative

**Lloyd Dzyngel**

Entertainment Programmer

## Vacancy in Student Council

Currently the Algoma University Students Association is seeking a Finance Commissioner. If you are interested, contact the Student Council Office at 949-2301 ext 314.

## Matthew Good Band

On Wednesday, October 13, your Algoma University Students Association hosted the 1999 edition of the Beldere Rock Tour, held at the Ramada Inn. The sold out concert was a success, attracting more than 350 university and college age students, as well as a few people from the older crowd, all there for the same reason - to see three amazing Canadian artists perform. The performers, who combined with AUSA and everyone attending made the show such a success, were Edwin, Matthew Good Band, and special guest Todd Kerns. Rob Smylie was able to catch up with Matthew Good Band after the show to ask the members of the band some questions about life in the music industry.

(Unfortunately, the editor was unable to get the interview from Mr. Smylie, and was forced to make up his own questions and answers.)

Rob: So how long have you been together as a band?

Matthew: Oh, quite a while now.

Rob: I see, how do you like it?

Matthew: Oh, it's pretty fun.

Rob: What is the best part about being Matthew Good?

Matthew: Oh, a guess it must be all the girls.

Rob: Wow, can I be in your band?

Matthew: No I don't think so, we're pretty solid right now, I'll keep you in mind the next time I get a sore throat though.

## The Sentinel Staff

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## What's Happening at Algoma?

Do you ever wonder what you could be doing instead of studying? Here are a few of the things to do around the school to keep you busy:

### The George Leech Centre for Fitness and Recreation;

Intramural Sports include:

Basketball	Tuesday night
Floor Hockey	Wednesday night
Volleyball	Thursday night

Other activities include: full weight room, squash, tennis, aerobics, CPR and First aid classes, dance classes, cross country ski club, and a brand new massage therapist! If you have any questions, call the GLC at 949-2301 ext 500

### Algoma University Business Society

If you are enrolled in the Business Administration Program, you are automatically a member of AUBS! This club offers its members social events and professional activities to enhance employability skills. Watch for Business Buddies, Career Fairs, and more. If you have any questions call them at 949-2301 ext 295.

### Students In Free Enterprise

SIFE works in partnership with business and higher education to provide students the leadership experience of teaching others how market economies and business operate. Thus, helping them use this knowledge to better themselves and their community and allowing them to gain business experience before starting their careers. They encourage students to learn more about them by calling 949-2301 ext 295.

The Sentinel is always looking for writers, if you are interested in helping out, but don't know what you can do, email the Sentinel at [sentinel@eagle.auc.on.ca](mailto:sentinel@eagle.auc.on.ca). We can give you an assignment, or help you develop an article for yourself.

## Essays giving you a headache?

## Check out the Writing Lab!

The Writing Lab is open and available to help students with any writing concerns they may have - essays, the LCT, or any written assignments. The Lab is located in room 203A, and the hours of operation for this semester are Monday and Wednesday 4 - 5 pm, Tuesday 2 - 5pm, and Thursday 9:30am -12:30 pm.

As the semester becomes more hectic, appointments are preferred, but drop-ins are welcome. To book an appointment, call 949-2301 extension 207 or come by the Lab.

## Top 8 signs that Health Care is deteriorating in Ontario

8. Your annual breast examination is conducted at Hooters
7. Directions to your doctor's office include, "take a left when you enter the trailer park"
6. Tongue depressors taste faintly of Fudgesicle
5. Only proctologist in the plan is "Gus" from Roto-Rooter
4. Only item listed under Preventive Care feature of coverage is an apple a day.
3. Your "doctor"? is wearing the pants you gave to Salvation Army last month.
2. Your pills come in different colors with little M's on them.

And the number one sign

1. You ask for Viagra. You get a Popsicle stick and duct tape.

## Quote of the Month

"The greatest mistake you can make in life is to be continually fearing you will make one."

Elbert Hubbard

## START YOUR OWN BUSINESS!

## What Real Men Really Mean...

### The Bridge Student Business Plan Competition

Have you ever thought of taking the skills and knowledge you have developed in University and creating your own Business?

The BRIDGE Student Business Plan Competition can help. Faculty and Business advisors are available to assist with completing the Business Plan, and students working in groups of 3 can be eligible to win, cash and business services to start up their business.

By registering for the competition, your team gets a CD Rom Business Plan Guide from the Royal Bank, and a guidebook. You have until the end of February to do the Plan and judging is in April.

Any idea from any program is acceptable.

If you are interested, call BRIDGE @ 705-949-2301 ext 270 for full rules, regulations, and prize descriptions.

## Captain Cuisine

This month's restaurant is a true classic, Ernie's Restaurant, located on Queen Street across from the River Rock. Reminiscent of a classic 50's Diner, you will be eating good wholesome food with good wholesome people. For the food you get you will be more than satisfied with the prices.

What really makes this restaurant stand out I the Ernie Burger, this mammoth piece of meat requires 30 minutes of cooking time, with a full pound of meat, it's not a burger, it's a meal.

This traditional neighborhood diner, will place you in a time warp that makes you look up nd expect to see 'Alice' serving you

Do you have a favorite restaurant in the Sault? Call the Captain and see how your favorites compare with a professional. 949-2301 ext 517

**Statement:** "I'm going fishing"

**Meaning:** "I'm going to drink myself dangerously stupid and stand by a stream with a stick in my hand, while the fish swim by in complete safety."

**Statement:** "It's a guy thing"

**Meaning:** "There is no rational thought pattern connected with it, and you have no chance at all of making it logical."

**Statement:** "Can I help with dinner?"

**Meaning:** "Why isn't dinner already on the table?"

**Statement:** "Uh huh.", "Sure honey." Or "Yes dear."

**Meaning:** Absolutely nothing; it is a conditioned response.

**Statement:** "I was listening to you. It's just that I have things on my mind."

**Meaning:** "I was wondering if that redhead over there is wearing a bra."

**Statement:** "That's interesting dear."

**Meaning:** "Are you still talking?"

**Statement:** "It's a really good movie."

**Meaning:** "It's got guns, knives, fast cars, and beautiful women."

**Statement:** "That's women's work."

**Meaning:** "It's difficult, dirty, and thankless."

**Statement:** "I was just thinking about you, and got you these roses."

**Meaning:** "The girl selling them on the corner was a real babe."

**Statement:** "Hey, I've got my reasons for what I'm doing."

**Meaning:** "And I sure hope I think of some pretty soon."

**Statement:** "I can't find it."

**Meaning:** "It didn't fall into my outstretched hands, so I'm completely clueless."

**Statement:** "What did I do this time?"

**Meaning:** "What did you catch me at?"

# Algoma's Advice Column: Dear Matty

In an attempt to start up an advice column in the newspaper, we are introducing Dear Matty, as our answer to Dear Abby and Dear Ann Landers.

We have taken actual letters written to the newspaper, as well as the response, but we have added our advice in a second response.

## Here is the actual letter:

Dear Ann Landers:

I have been engaged to a wonderful man for four years. We plan to be married within the next six months. The problem is, I have met someone else. Nothing has happened between us except for some mild flirting. I want to be with this other person. SHE makes me feel good. She is totally nonjudgmental and supportive in everything I do. We are like soul mates.

I don't know what to do, Ann. I love my fiancée, but I am not sure if I am "in love" with him.

He is well-off financially, and we have a great time together, and we have a lot in common. However, when this other person and I talk about a life together, where we would go and what we would do, I am in seventh heaven.

Am I being foolish? Should I leave my fiancée to be with her, or should I continue to live a life filled with confusion? She makes me feel like no-one ever has. When she looks at me and smiles, I melt. When we talk about being together, I get this feeling of total happiness. I need your help, Ann. Don't fail me.

Anonymous in Rhode Island.

## Here is what Ann said

Dear Rhode Island:

Please do your fiancée (and yourself) an enormous favor and tell him at once that the wedding is off. To marry this man when you have such amorous feelings about a woman would be a grave injustice.

Obviously, you do not understand your bisexuality and have not come to terms with it. Until you do, your life will be a morass of confusion, ambivalence and duplicity. Please get professional help at once. It will not make you straight, but it will give you some understanding, which obviously you desperately need.

## Here is what Matty said:

Dear Rhode Island:

Be a real woman. Tell you fiancée about your sexual desires, that may definitely clear up some confusion, and relieve some stress. This "new friend" is something new and risky, resulting from your own sexual life becoming stagnant and obviously needing some spice. You are not being foolish, everyone questions their own sexuality at least once in their life. Forget about professional help, if all else fails ask your fiancée if he want to be part of a "managez trois." Then you could have the best of both worlds!

Hey all you interested AUC readers. If you have any questions for DEAR MATTY, slip them under the door in a sealed envelope at room GN 4. Maybe your letter will be in our next issue.

Please note, the writer's in the Dear Matty column vary from week to week, and they are not professional psychologists, in fact most of them can't spell Sycology. Please keep in mind this is merely or entertainment purposes only.



## One of the greatest comeback lines -- ever!

Police arrested Malcolm Davidson, a 27 year old white male, resident of Wilmington, NC, in a pumpkin patch very late on Friday night. Davidson will be charged with lewd and lascivious behaviour, public indecency, and public intoxication at the County Courthouse on Monday. The suspect allegedly stated that as he was passing the pumpkin patch, he decided to stop. "You know, a pumpkin is soft and squishy inside, and there was no one around here for miles. At least I thought there wasn't," he stated in a phone interview from the County jail.

Davidson went on to state that he picked out a pumpkin that he thought was appropriate for his purposes, cut a hole in it, and proceeded to satisfy his alleged "need." "I guess I was just really into it, you know?" he commented with evident embarrassment. In the process, Davidson apparently failed to notice the Wilmington police car approaching and was unaware of his audience until officer Brenda Taylor approached him.

"It was an unusual situation, that's for sure," said officer Taylor. "I walked up to [Davidson] and he's . . . just working away at this pumpkin. I just went up and said, 'Excuse me sir, but do you realize that you're doing it with a pumpkin?'" He got real surprised as you would expect and then looked me straight in the face and said: "A pumpkin? Damn... is it midnight already?"



## Busted Heads?

by: Dave Pitcher

"I remember a flash, and then mostly resting for a second, because I wanted to collect myself, but once I stood up, I felt I knew exactly what was going on," says Steve Young, quarterback for the San Francisco 49ers after the Sept. 27th game vs. the Arizona Cardinals. Young, suffering his fourth concussion in three years in that game, wanted to go back into the game, but Head Coach Steve Mariucci opted for the former Calgary Stampeders pivot Jeff Garcia. Mariucci, knowing full well that his star 37-year old quarterback has had a history with the particular head trauma, decided that it would be best not to take any chances; "Steve's health is our primary concern."

Concussions can end pro careers, but for every Pat LaFontaine, there are thousands of younger athletes whose brains are at least temporarily damaged in contact sports throughout North America. "The problem has been underappreciated and misrepresented as a minor injury," says neuropsychologist Michael Collins. There is no established method to determine when it is safe for a concussion victim to play again. Obviously, this is where the danger lies. Loss of consciousness is only the most obvious sign of a concussion, and even MRIs and CT scans can miss the subtle effects.

Until more effective damage detection methods can be established, players of contact sports from the high school level, through to the professionals will try to emulate 'tough guys' like Steve Young, but they could be putting themselves at serious risk. But those who love their sport, still want to play.



# The Last Page

## Movie Reviews

Everybody has a different opinion about the movies they see. Take Fight Club for example. I talked to about 5 different people about this movie before I went to see it, all the girls I talked to hated it, the guys, for the most part, liked it. So, being a guy, I wanted to see it.

Sometimes you just can't beat a movie about a bunch of guys kicking the shit out of each other, and I figured I'd pay 8 bucks to see Brad Pitt get his ass kicked.

Well surprise, surprise this movie wasn't what I expected at all. This movie was nothing like what I expected, and the plot twist at the end took me by complete surprise. I usually find the predictability of movies almost unbearable, and it was refreshing to be taken by surprise.

Before, I can recommend Fight Club to anyone, I want to explain the review method that I have devised to rate movies. I figure thumbs and stars are alright, but if I want to see a movie, they just aren't effective.

As an alternative I have come up with my own measurement system, feel free to use it:

1. If a movie is really good, is it worth the \$8 admission price?
2. If it is ok or worth seeing on the big screen, are you better off going on cheap night?
3. If the movie wasn't worth more than \$5, and you really want to see it, is it worth renting for \$5 and splitting with your friends as a newly released video?
4. If it wasn't even worth renting, would you pick it up from the video store after it has sat on the shelf for a few months and you could rent for 4 days for \$1.99?
5. If it was so bad you wouldn't pay a cent for it, and you would only watch it if it was on the TBS Movies for Guys who Like Movies?
6. If it were so bad that if it were playing on the airplane while you were flying from Toronto to Vancouver, you would have to get up and leave the plane?

So where would I put Fight Club? Based on the fact that I have been thinking about the plot and talking about it with my friends for the past four days, I would have to give it the full admission rating.

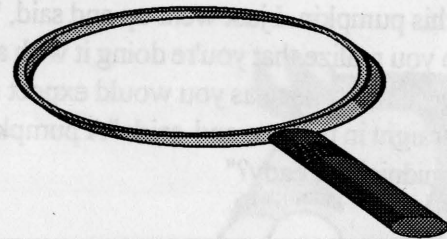
## Student Services

You've almost completed your undergraduate degree. What's next? If you were fortunate enough to be part of Algoma's Co-operative Education Program, you probably have plenty of work experience and the connections you need to get a good job. If you were in a regular stream program, you have a few options. You may want to "hit the pavement" and see what employment opportunities are available to you to. Many of you will choose to further your education by applying to Graduate School, Teacher's College or Law School.

A very interesting direction some students are choosing to go is applying to a Post Graduate Diploma Program. A number of community colleges are offering one-year programs in areas such as Human Resource Management, International Marketing, Journalism and Public Relations.

Post Grad Diploma programs are becoming increasingly popular as university students graduate with the theoretical knowledge of a university degree and the practical experience of a college diploma.

Deadlines are quickly approaching for various programs. For further information, please see Cindi Elgie in the Student Resource Centre.



## SASA

Shingwauk Aboriginal Student Association

### Upcoming Events

Nov. 2 Craft Class  
Nov. 20 Talent show

If you are interested in any of these events, please contact  
SASA@eagle.auc.on.ca  
or visit the Shingwauk room at GP 5.