

OFFICE COPY

Algoma University's Student Newsletter



THE SENTINEL

Vol.2 - Issue 3: Oct 1995

SAFETY ON CAMPUS:

WHAT YOU SHOULD KNOW,
WHAT YOU SHOULD DO



*Algoma University is a school
with its teeth on edge.*

Tuesday September 26th marked the first recorded incident on campus of this type of armed assault. A female student was attacked by a knife-wielding assailant in the parking lot when leaving a night class; fortunately she was able to escape with only minor injuries.

What if she hadn't? Who did it? These are the questions now haunting us.

Rather than exploit the story, we've chosen to point out steps being taken to make the university safer and what you can do to reduce risk.

SECURITY IN NUMBERS

A series of safety audits in 1990 led to a series of precautions taken to minimize risk on campus. At several locations throughout the school you will see rounded mirrors on the walls; these allow you to see around corners as you approach. In the locker room you'll note a large button on the wall to push for assistance in case of emergency. Lighting has been improved throughout the school. There are, in

fact, several such precautions throughout the school which you may not even have noticed before. This includes the escort service which, until now, hardly anyone was aware of (ext.999, Physical Plant). AUSA has assembled an eager volunteer group of students to assist in this service; no one should be too shy to request their help (if you find someone in the Sentinel office, feel free to ask us too). Even if you're just walking to the bus stop, do it if it makes you feel safer. Meanwhile, brush is being cleared away from the edge of the parking lot, and uniformed security personnel will now be patrolling the lot during evening hours.

YOUR SAFETY DEPENDS ON YOUR ATTITUDE!

There are things you can train yourself to do to increase your safety (don't just read - REMEMBER). If you drive to school, attempt to park in well-lit areas. Ensure your car is locked when you leave, and check the back-seat when you return. A precaution recommended to women at other universities is to carry your keys between your fingers, especially when alone or feeling threatened, as they make an effective weapon. Sounds brutal, but if someone attacks you there's

Please See Safety, Page 2.



News . Editorial .

WRITING SKILLS LAB NOW IN OPERATION AT AUC

First I apologize for our lateness; we had a technical problem to resolve. This month (and maybe for a few more) our paper looks a little unorthodox. Our problem is we're ready to grow, but there appears to be no middle ground in terms of publication for-

By Chris Crowder, Editor

mat. Our dream was to go to newsprint, 11 by 17, but as it turns out this isn't financially feasible until we go to at least 1000 copies, so it may be a while. In the meantime, it's go big, go home, or improvise. At least this way we get the more impressive size, even if we have to make it out of 8.5 by 11's (you noticed, huh?). We want your feedback about this compromise we've managed to devise, since unless it poses a problem we'll be sticking to it for a while. I owe a big thanks to Kirk Banjoko for pulling off this cool layout - give him the thumbs up for a great job if you see him around.

On a trial basis we're offering free classified ads to the AUC community. If you're into buying/selling or have a service to offer, an idea to promote, whatever, leave it with us and we'll run it in the next issue. Leave it with AUSA or slide it under our office door (you STILL don't know where it is ?!?).

This service is now being offered free to all AUC students. The purpose of the Writing Skills Lab is to help identify and eliminate problems students may have with the correct use of the English language (including matters involving spelling and grammar, as well as structure of sentences, paragraphs, documentation, essay form, etc.).

One of the primary functions of the lab will be to help students improve the organization of their thoughts on paper. This service is intended to be "user-friendly". We have a broad range of resources available in book and computer form.

We discourage abuses of the service. Students are asked not to think of this as a free 'editing' service. Rather, the function of the Lab is to help students to help themselves by identifying problem areas and by offering resources and advice on how to improve their writing skills.

SIGN UP EARLY - AND OFTEN!

Students are advised to make appointments, and may sign up for assistance at the Lab by entering their names on the sign-up sheet located in Room 107 at any time from 9:00 am to 5:00 pm - Monday to Friday or during Lab hours (see below). If Paula Dunning (Lab Instructor) is not available for sign-ups, then Terese Proulx will be happy to help (same room).

When there are large numbers of students seeking assistance, then priority will be given to those students who have yet to pass the Writing Competency Test, and then to students with notes from instructors.

We hope that this system of priorities will respond well to student needs, and stress that the lab is open to all AUC students. Students may feel free to drop by the Lab at any time during its hours of operation, but if they do not have an appointment, then they will be assisted on a 'first-come-first-serve' basis.

All students must meet in person with the Lab Instructor in order to receive a verbal and/or written assessment of their completed work or work-in-progress. Students are encouraged to seek advice while working on various assignments, rather than seeking advice after grades have been assigned.

Students are asked to bring any written materials in legible format (i.e. either neatly written by hand, typed, or on WP 5.1 format computer disk).

Upon using the Lab, students will be asked to fill out a simple form stating name, course, instructor's name, title of writing assignment and in roughly one paragraph, the purpose of the assignment. Also, students will be asked to identify which one of the preferred documentation styles they are using (e.g. MLA, APA, Chicago style, etc.). The Lab instructor will not be responsible for pursuing students or

PLEASE SEE "WRITING..." PAGE 5.

THE SENTINEL

Algoma University's Student Newsletter

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Submissions of fiction, non-fiction and poetry from the student body or staff can be left with Students' Council for publication consideration. We may also accept guest submissions from outside the university. Only racist comments and personal attacks will be dismissed out of hand.

SAFETY ON CAMPUS; CONTINUED FROM PAGE 1.

no such thing as fighting fair. Other effective defences have proven to include a lit cigarette, a heavy ring, a hatpin or an umbrella. Should you be attacked, remain as calm as possible under the circumstances - it takes a clear head to think your way out. Breathe deeply rather than shallow. Whenever possible, make lots of noise (incidentally, yell 'Fire!' rather than 'Help!' for better response). If you can strike, make it hard, fast and unexpected. Vulnerable targets are the eyes, throat, ears, nose, groin and knees. AVOID carrying weapons such as knives or guns - they may be used against you. Don't allow yourself to be taken into a vehicle. When walking alone (though this is to be avoided), and especially at night, consider the what-ifs - always be aware of your surroundings.

If it is someone else who has been a victim of assault or is in need of similar help, there are things you can do:

Do what you can to secure the situation, short of putting yourself at risk. Find out what has happened - listening is ALWAYS the right thing to do. Show only concern, keeping shock or other reactions which may upset the victim to yourself. CPR or First Aid should be administered immediately if required. Call for help and relevant assistance; here at the school go to the Physical Plant (located beneath the auditorium; it can be accessed from outside). Bruno Barban (ext.266 or 946-9092) should be alerted of any security or safety issue. Marianne Perry is to be contacted if an AUC student is involved (ext.278 or ext.267). Either Physical Plant or Student Services will provide you with an incident report to gather details. Following the crisis, always consider what could be improved and make recommendations.

Be supportive of your friends and acquaintances; let them know if you're available to walk with them should they need you. Know who you can count on should you need them. Don't be paranoid, the good people at AUC far outnumber the bad - just be safe.

AUSA would like to thank all those who participated in our

GREAT ORIENTATION WEEK:

It was your involvement that made the difference. Council would also like to thank the following volunteers for their time in helping with events:

Melanie Ambeault

Chris Crowder

Shane Maurice

Allison Craig

Kelly Maidens

Ginger Hunt

Mary Lou Mommone

Allison Wood-Solomon

Andrea Gardner

Kimberly White

Jennifer Batenchuck

Special recognition should also go to the following Council members for their extra contributions: Leanne Martineau for planning the events, and Stuart McKay and Shawna Squigna for extra time and effort. You've set an example for all future Councils to follow. -C.C.

The Volunteer Centre Needs *you!*

The Volunteer Centre located at 8 Albert Street East is a community service of the United Way which provides a number of resources and services. The Centre provides recruitment and referral of volunteers for over one hundred voluntary non-profit organizations that are in constant need of volunteers. Volunteer Counsellors at the Centre conduct interviews to determine placement inter-



ests. Most positions are for a minimum of two or three hours weekly, scheduled around current timetables.

Why Volunteer?

Volunteering has many advantages. Students in particular through volunteering are given the chance to gain experience and skills which will benefit future careers and career choices. Becoming involved in one's community through volunteerism has been shown to not only enhance personal growth and self-esteem but also give the student the opportunity to learn and develop new skills.

The nineties continue to be a challenge for both our voluntary and non-voluntary sectors. They are under growing pressure to do more with less while the need of the clients is increasing. In this current era of fiscal restraint and cutbacks in government spending at all levels, the survival of services and programs is being threatened. As a result the

need for volunteers has become more critical. Students are a worthy and valuable source for volunteering. Becoming involved in your community can make the difference.

How To Participate

Weekly volunteer positions are being posted on the Students' Council (ext. 314) bulletin board at AUC. If you are interested in becoming a volunteer, please contact the Volunteer Centre either by calling 949-6565 or by filling in a registration form included in the Volunteer Centre brochure. Once this is completed, an appointment is set up with a Volunteer Placement Counsellor.

I look forward to hearing from you.

-Lynne Annett, Project Co-ordinator

SEXUAL HEALTH BEGINS AT HOME

Parents and kids need to start talking about sexuality at an early age. Sexuality is not just about body parts or having sex; it's about who you are, how you feel about yourself and how you relate to others.

By supporting the discussion of sexuality first within the home and at an early age, parents can not only provide accurate information but also instill the values and attitudes that they feel are important.

Here are some suggestions to help make talking about sexuality a little simpler:

- * Set clear and reasonable sexual limits.
- * Give the facts about sex as honestly as you can.
- * Try to teach sexual responsibility and decision making along with the facts.

* Try to be casual and relaxed when answering sexual questions.

* Emphasize that each person's body is private and deserves respect.

* Finally, leave your child with the message that his/her sexuality is a beautiful part of themselves.

For more information contact the

Algoma Health Unit: 759-5289.

-Submitted by Hannele Dionisi, Public Health Nurse

BREAST HEALTH - EVERY WOMAN'S RIGHT

October is Breast Health Month. Ex-

cluding skin cancer, breast cancer is now the leading type of cancer in Canadian women. As yet, we do not know the cause of breast cancer, but we do know early detection is the best method of saving lives.

Taking responsibility for your own breast health means becoming more knowledgeable and less fearful about breast cancer. It also means:

-Getting a mammogram every 2 years if you are between the ages of 50 and 69 years.

-Having your breasts examined by a health professional every year.

If you want to learn more about breast health contact the ALGOMA HEALTH UNIT: HEALTHY ADULT TEAM at 759-5418.

EXPLOSION IN PAPER PRICES AFFECT BOOK PUBLISHERS AND STUDENTS

TORONTO - Due to dramatic increases in the price of paper, students returning to colleges and universities this past September will likely have paid more for their textbooks than in previous years. These increases affect book manufacturers, distributors, publishers, booksellers and consumers. *Pulp and Paper Week* reports that "increases in the pulp and paper industry have been coming fast and furious since mid-1994, and have raised prices 25-30% in the last year.

25% MORE FOR LESS?

Although paper prices have increased by over 25%, students will not see the prices of their textbooks increase by the same margin. Students purchasing textbooks through their campus retailer will likely see an increase of approximately 10-15%.

"The situation is not as bad as it may seem. For many Canadian books, prices will remain stable this fall, as publishers may have forecasted the price increases and had longer print runs", said Kathy Davidson, College Division President at Harcourt Brace & Company Canada Ltd. "However, prices will increase for 'mid-range books' - texts which are not as widely used and therefore have shorter print runs. Costs to reprint will be significantly higher".

WHY NOW?

Why such a dramatic increase this year? Throughout the recent recession, paper prices were extremely low. Over the past five years, publishers were able to take advantage of lower paper prices to cover cost increases in other areas of their business. In 1994, with the end of the recession came a worldwide increase in paper consumption.

"It is inevitable for prices to increase coming out of a recession. However, publishers did not expect prices to increase to the extent they have - in a twelve month time-frame", says Krystyna Ross, Vice-President of Production Services at McClelland & Stewart Inc.

"Publishers have been struggling to keep book prices consistent for students", said John Neale, President of the Canadian Book Publishers' Council. "It is important for students to have access to Canadian authored and published textbooks. The only way we are going to be able to continue to provide this access is to ensure the affordability of Canadian texts".

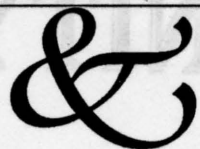
"Over the past year, our cost for paper has gone up 30-40%", said Mike Purcell,

Merchandising Supervisor at Unisource, a paper distributor. "On average we have been getting an increase of 6-8% every two months, and it's getting harder to justify for the public why this is happening".

RAPID INCREASE SINCE 1994

Pierre Lachance, Public Relations Director for the Canadian Pulp and Paper Association, maintains that "Although prices have increased rapidly ever since the end of 1994, we must take into account the evolution of pulp and paper prices since before the recession. Prices in January 1995 are at the same level as they were in 1988". Although paper prices are at a comparable level to what they were prior to the recession, a host of other factors in the industry have changed, including the value of the Canadian dollar, taxes, and manufacturing and printing costs.

Publishers have been, and will continue to cut costs in other areas to avoid passing further increases to consumers. However, suggesting a higher list price to retailers is now a necessary step if everyone in the industry - publishers, distributors, printers and retailers - is to maintain a minimal level of profitability.



opinion.

FROM HERE TO UTOPIA

It's not likely anyone has ever seen a waiter in a restaurant serve up a steaming platter of money. We would be amazed to see a driver fill up his car's tank with five dollar bills. Nobody eats money and as a motive fuel it's useless. Given adequate thought, perhaps money is not even adequate to serve its intended purpose. Thought of as a great enabler, a key to open any door, it often fails miserably. Because of its unequal distribution, a lot of doors remain unopened. There is often not enough money in a given location, pocket, or bank account to negotiate a transaction that its bearer may want or need. Nor will there ever be enough. As the

By Paul Thompson

money supply expands, prices rise proportionately.

Suppose that tomorrow morning we all awakened to find that, while we slept, an anonymous benefactor had deposited in each and everyone's bank account, one million dollars. How much would it cost for breakfast?

It might even be said that money is not an enabler at all but a detriment, an artificial curb on the imagination and creative ability of humankind. All of the achievements, everything we've built, from thimbles to transportation systems to social safety nets, have been compromised because we carry the extra burden of a monetary system. It is an adversarial system where hopes and dreams for the future and intergenerational social concerns take

second place to profits. Emergent priorities, born of callous inaction over years, pass as beneficial additions to the social infrastructure. Truth is covered over by lies.

AND NO MONEY DOWN?

Picture a world where all we could imagine, all we could dream, could be accomplished. Without regard for "economics" or "financing", as we now understand the meaning of these words, we could build anything that society needed. We would, of course, have to temporarily "spend" some natural resources including materials required in construction and the energy to operate our wonderful technology. Complete recyclability of everything built would be an utmost consideration along with the determination of need. A bridge to almost anywhere, for example, would cost only steel, concrete, technology and human input.

Utmost safety would be built into every project; planned obsolescence would not be. All human needs could be met with only minimal real cost. Environmental cost would be the measure.

Certainly, money is the bane of ecological sustainability, a millstone on the neck in the flood of the world's population. Corporate capitalism, addicted as it is to the accumulation of money, has almost no alternative but to hope for ever-expanding populations to produce consumers to satisfy that addiction. Here the laws of mathematics, as

they apply to a finite environment, are breached.

MONOPOLY-MORE THAN JUST A BOARDGAME

Oh, there's another alternative for corporate capitalism. Corporate takeovers, as are now being feverishly pursued, could continue until only one corporation is left a virtual one world government with fiefdoms governed by private "politicians" in all the world's capitals, and no other corporations with which to compete for consumers and profits. Far-fetched? It could happen in a business week.

Some might ask what incentive there would be to induce people to work in a moneyless society. The necessity to eat and the desire for personal and community well-being are two powerful incentives that sustained humankind on the earth for thousands of years before the invention of money made possible the institutionalization of inequality. To many- perhaps most- the chance to achieve equality and democracy are just popular slogans with no real meaning to those whose lips they so frequently cross.

As we draw ever closer to the precipice in our exploitation of finite resource and trade for the sake of profit coupled with our relentless search for jobs in spite of our labour-saving technology, it will surely become apparent to almost all people that we must take a serious look at the part money is playing in our downfall.

Humans are born with an instinct that manifests as a desire for community. Most, perhaps all parents have witnessed this in their children. One of the first trials of a child's budding language skills is to approach a parent with "Hey Mom/Dad. What

PLEASE SEE "UTOPIA", PAGE 5.

HERE IN UTOPIA

It is true that for each person who gains something they have not earned, another loses something they did. Money is our means of keeping score. Its possession is meant as a symbol of effort - money does not grow on trees.

It is often claimed that money is the root of all evil; few go on to investigate the root of money.

By Chris Crowder

Money is made - the concept of money, its very existence, presupposes the production it is meant to represent. It is the tangible form of recognition for work done. When given money, its possession stands as proof that you may now lay claim to an equal amount of someone else's productiveness; when you give it, you are recognizing and rewarding the work of another. If money is evil, you are claiming this exchange to be unfair. You are claiming a right to recognition for doing nothing, a right to the work of others while offering nothing in return. Anyone who says they wish they were suddenly given a million dollars is suggesting the equivalent of wishing for a million slaves.

CAN MONEY BUY LOVE?

Then perhaps it is the love of money which is evil? Is it love of money, or of that which earns it? Is it desire for a slip of paper, or for a symbol of the best within you - your creativity, your strength, your intellect which earned it?

Is money evil because it cannot buy you happiness? It is but a symbol of happiness which must already exist. It is like someone expecting to find love through sex. It is the productive capacity which leads to money, not vice versa. The man who steals the limousine will never be as proud of it as the man who earned it. Values are meaningless to a thief - money is his enemy. For him there is no symbol of his productiveness since he has none, and the symbols of others grate against him.

BILL GATES--HAPPIEST MAN ALIVE?

It is possible to be both wealthy and unhappy - these are the people who either have not earned it or don't realize they have. The latter is the more interesting - society has convinced them their wealth is a black mark against them. Who is truly evil - those who have earned their millions, or those who seek to make them feel guilty? Those who lay claim to a fantasy obligation of the millionaire to support them do not understand what money is.

Anyone can be happy, because anyone can choose good over evil. The true evil is powerless - hatred of the good for being the good. Those who understand the nature of wealth understand its true value, the value of which it is but a symbol - the good within themselves.

Do not ask whether money is evil - ask instead, are you?

CITY WINDOWS

... the university is analogous to an airport ... some of us crash and burn, and some of us do not. We sometimes land roughly, yet take-off to great places. Some of us may need parts and maintenance and never take-off again. Some of us land with so much cargo that we just don't need, having put unrequired stress on our flying abilities. Some of us take unhealthy risks and chances like flying with insufficient fuel or flying into clouds not knowing where we will come out ... but the airport will always be here, as we come and go. Maybe a little better off, better pilots for the experience ...

BRUCE DUNN

WRITING LAB; CONTINUED FROM PAGE 2.

instructors in order to determine the nature and scope of assignments.

Students will of course be expected to follow prescribed academic standards and proper documentation styles according to the Academic Standards of Algoma University College and Laurentian University as outlined in the Academic Calendars (see: entry on Academic Honesty in 1995/96 AUC Calendar, pgs. 49-51).

A TIME FOR EVERYONE

A confidential "suggestions" form will be given to each student using the service. Students will be asked to respond to the quality of the service and will be asked to offer constructive suggestions for improvement.

If there are any special concerns, we ask that they be forwarded in writing either directly to the Faculty Advisor (K. Jirgens), or to Marianne Perry (Student Services). Further concerns (should they arise), will follow the usual channels to the Dean's office.

The Lab (Room 107) will be open Mondays and Tuesdays from 2:00 pm to 7:00 pm. On weeks when Mondays are holidays, the lab will be open Tuesdays and Wednesdays from 2:00 pm to 7:00 pm.

If students find that these hours are unsuitable, then they may contact Paula Dunning to make other arrangements. She has a mailbox in Room 218; messages from students may be left there c/o the secretaries. Also, the mailbox can be used as a drop-off and pick-up site for papers (again c/o the secretaries).

NB.: Papers may not be left for consideration until after initial contact has been made with Paula Dunning.

(Please Note: This lab does not in any way displace the current Tutorial system which is aimed at helping students understand the various subjects taught at school. The writing lab will not offer assistance in the subjects themselves, but will offer help in shaping the discussion of the various subjects in written form).

-Karl Jirgens, Faculty Advisor

"AUC Alumni - Where Are They Now?" is a new monthly column. In each issue a graduate of AUC will be featured. The purpose is to celebrate their success and to instill a sense of pride in ourselves - the students of AUC.

I interviewed Mary Wabegijig O'Donnell in her office on August 24th at Sault College, where she is the Dean of Native Education. Mary has held this position since April.

To say that Mary is a busy woman these days is certainly an understatement. Happily

By Dianne Tian-Agawa

married to husband Bill for twenty-three years and the mother of five (now adult) daughters, she also devotes much of her time to participating in various committees such as the Prior Learning Assessment Advisory Committee and the Sault Ste. Marie Economic Development Corporation, in addition to her responsibilities at work.

Mary has been just as active in the past. In 1972, prior to Mary's attendance at AUC, she was the Director of the Indian Friendship Centre in Sault Ste. Marie. Mary was instrumental in developing funding for the Centre in order to implement such programs as the Lil' Beavers, which began in 1975. The Lil' Beavers program, which provides activities for children, has grown from a locally offered

M.A.D. DEPICTS VICTIMS OF DRUG USE IN QUESTIONABLE LIGHT

After much deliberation I have decided to go through with writing this letter in order to address a 'possible' shortcoming of the Mood Altering Drugs (M.A.D.) message. This letter is not intended to blame, curse or condemn those individuals who have contributed, supported and endorsed the M.A.D. educational endeavour. Rather, my intent is to raise some questions with the hope that we may consider the means by which we want to help those in need.

Foremost, the cover of the "Mood Altering Drugs - To Use or Not..." booklet (Issue One, 1993) depicts an awesomely gruesome, hideous so-called human being with the inscriptions "Crack Head" and "Druggie" portrayed on his character. There are several messages implied by this cover that are meant for the sake of the good but perhaps convey derogatory meanings that hinder rather than assist children and adults alike. I understand that the intent behind creating such a creature is to 'help' children stay away from people who use drugs or from the drugs themselves. Similarly, it implies that if you are a mood-altering-drug user, then this is who you are or what you look like. Additionally, based on the expressions of the lady and the child dodging this character, it is reasonable to assume that one should fear either mood-altering-drugs or the people that consume them. My questions are many, but I will address just a few. First, is fearing those persons that use mood-altering-drugs helping them? Do we want to use fear to help people who need [our assistance]? How is fear helpful for the helper or the 'helpee'? Second, for those persons who are M.A.D. consumers, is this how we should portray them? Is this a positive way to view someone who either needs help or wants help? Are we really

helping anybody by viewing them in this manner? Does calling them druggies and picturing them as these grotesque monsters help them to have a positive self-image? If so, how? Is instilling fear into the hearts and minds of ourselves and our youth the most effective means of deterring M.A.D. use? Additionally, would you want to get help from somebody who viewed you this way?

Thirdly, attempting to help people feel bad (i.e. unhappy) about what they do only exacerbates the problem. The reason being is that it is 'in the feeling bad' that people tend to turn to drugs and alcohol. People who feel good about themselves (i.e. who are happy) have no need for drugs, alcohol or any other kinds of M.A.D. I'll paraphrase a verse I heard an Indian Elder once say: "Help the people feel proud about themselves and the issue of drug and alcohol becomes a non-issue". Lastly, if you are (including drinking caffeinated drinks such as coffee and pop) or were one of the M.A.D. users, is this how you would want to be viewed? Would it help you? If this is the image the helpers have of those they are trying to help, then may it be no surprise that assistance may also be somewhat limited and slow.

I know the booklet was put out for the best of intentions to help steer children and adults away from using or relying on M.A.D. Although I am in firm agreement with this intent and did enjoy some of the material produced, we must as teachers become aware of the implicit messages we send out in trying to help those in need. Compassion - not condemnation - heals the spirit. Love conquers all. The implications of our teachings is far-reaching, whether it be by word of mouth, one's actions, or one's pictures. I hope you consider your means to achieving your desired end in the most non-judgmental and humane way possible.

-David Crack: Challenged by Adversity

FROM HERE TO UTOPIA, CONTINUED FROM PAGE 4.

are you doing? Let me help". This usually occurs long before the child has any concept of money or reward. Instinct is pushing the child toward community input, often to the point of distraction from the work being done. We need only to capitalize on this instinct, to educate children toward community, rather than down a dead-end road chasing money as we do within our present educational system.

Within a generation, money could be seen as unnecessary. The gate to UTOPIA could swing open.



AUC ALUMNI



program to a provincial program. From 1978 to 1980, Mary worked as a counsellor at the Sault Ste. Marie Women in Crisis Centre, where she specialized in working with native clients.

She attended Algoma University from 1980 to 1985 as a part-time student. In 1983 she was the recipient of the John R. Rhodes Award for her high level of community involvement and her academic potential. During her attendance at AUC, Mary worked as a counsellor for young offenders at the Observation and Detention Home located at 139 Pim Street. In 1985 she graduated with a Bachelor of Arts degree in Political Science/Sociology.

CLIMBING THE LADDER

Mary first began working at Sault College in 1985 as the Native Student Counsellor on a part-time contract basis; at this time a Native Education Department did not yet exist. In 1987, she began teaching in the General Arts and Science Program, and she also began working on creating native programs for the college through proposal and

curriculum development. The first of these programs was the Native Social Service Aide, which began in 1988 in order to encourage native persons to train in this discipline, as there was a need in the field. Upon the establishment of this program, Mary left counselling to teach and coordinate Native Education programs. In 1989, the Native Community Worker Program was the result of Mary's efforts (this program, along with several others, is currently offered at Sault College within the Native Education Department). In 1989, Mary became Director of Native Education. It was from here that she moved to her present position as Dean.

BALANCE IS THE KEY

When I asked Mary what advice she would offer an AUC student who hopes for the same kind of success, she said "Keep your life in balance. You physical, mental, emotional and spiritual elements of self must have balance. By this I mean that you must devote equal time and effort to all the aspects of your life such as family, work, rest, etc. If you do this, then you will have success in whatever you pursue".



ENTERTAINMENT (humour)

REVIEW

"DANGEROUS MINDS"

"Dangerous Minds" is a realistic depiction of one teacher's experience at an inner-city high school. It is not only a faithful account of inner-city life, but of the process by which this woman learned how to cope, then relate, and finally to make a difference in students' lives.

At first the movie seems like "Sister Act 2" less the comedy, but soon proves to be much deeper (thankfully). The students are introduced as having zero attention span, zero respect, and little hope for their future. In several scenes the setting is taken outside the school to show exactly the kinds of lives these students must deal with - street fights, teenage pregnancy, and obstinate parents. The main character Miss Johnson is well drawn - she is a former marine, divorced, and faces conflicts not only as the students' teacher but with their parents and the principal as well. As the story progresses, she learns that not everyone's life is a bed of roses, while exchanging this lesson with her own message: that no matter how bad life may get, it is one of choices which are up to the individual to make - that one does in fact have control over one's own life. This theme is the film's main advantage, since the plot amounts to just a series of events with an ill-defined climax, but is strong enough to make it worth seeing. It's one of the few movies currently being shown that actually means something - "Dumb and Dumber" fans beware. -C.C.

20 Ways To Cook KD:

1. Microwave (works for anything, right?).
2. Roasted on the barbecue.
3. Toss it in with the laundry (warm cycle).
4. Drop it in the rad and drive across town.
5. Hide it in the GLC sauna for the day.
6. Under your armpits during exams.
7. That old furnace you wanted replaced.
8. (Forget AUC heat ducts - not warm enough).
9. Curling iron - four noodles at a time.
10. Non-stop dance party in a small room.
11. Strapped to your body during work-out.
12. Heck - strapped to someone else's body during theirs.
13. Place in ashtray and smoke like mad.
14. Engage neighbour in conversation and slip it in with theirs (how to get it out?).
15. Be creative during foreplay.
16. Sunlamp set on 'stun'.
17. Hold a candlelight vigil - lots of candles.
18. Put it on the windowsill and hope.
19. Eat raw - lick cheese when necessary.
20. Read the instructions.

INTERNATIONAL EXCHANGE PROGRAM FOR YOUTH

Are you between the ages of 17 and 20 years old and interested in living and working in Asia, Africa, Latin America or Eastern Europe?

Canada World Youth - a non-profit organization that has coordinated international exchange programs for youth since 1971 - is now accepting applications for its 1996-97 programs.

Participants in a **Canada World Youth** exchange program are part of a unique and challenging experience. During the exchange, youth gain leadership skills, practical work experience and a deeper understanding of other communities and cultures through living with local families and participating in a wide range of interesting education activities and volunteer work.

The application deadline for 1996-97 programs is **November 10th, 1995**.

For an application form or more information contact Canada World Youth at 386 Bloor Street West, 2nd Floor, Toronto, M5S 1X4, telephone (416) 922-0776, or fax (416) 922-3721.



Station Mall

Hours

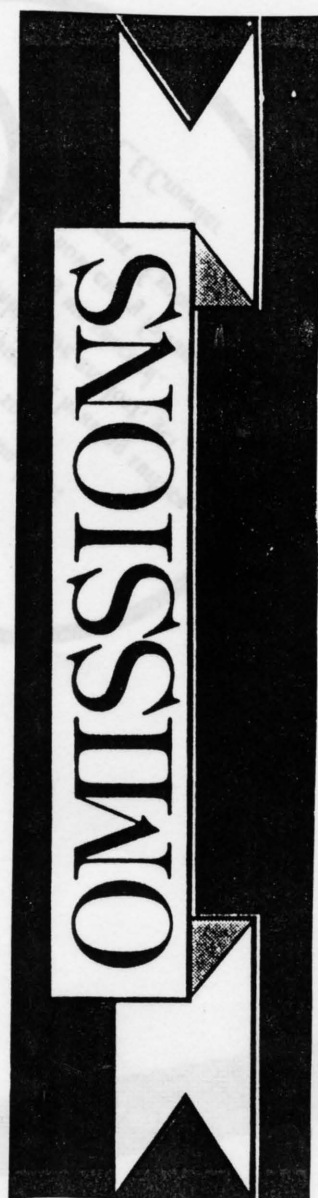
Monday - Friday

8:00am to 9:00pm.

Saturday 8:00am to 6:00pm.

Sunday 11:30am to 5:00pm.





Station Mall

Quality Brand Names In Clothing Such As

MANDALY

PERRUZZA

LADY KATES

FROM CASUAL TO DRESS-WARE
IN THE LATEST FASHIONS,
SIZES 4 TO 24

**Bring In This Ad
Before Sat. Oct
23rd And Your
Purchase Will Be
TAX FREE!**

Two Doors Down From The 'It Store'



Hello, dear readers! Madam Weegee has taken her annual vacation on the astral plane this month so she asked me, the ghost of her most cherished third husband, Uncle Stimp, to take up the slack this month and reply to your meaningless and pointless questions. Well, it is a living, I suppose, but hey, what do I know? I've only been dead longer than you've been alive. Time's a wasting, though and I won't be able to keep up Madam Weegee's enormous bulk all day. On to your questions then...

Dear Madam Weegee:

Hi! It's me again! How have you been since I wrote to you last? Listen, I realize I don't sign my real name to my letters, but I know you understand why I don't want my real name published. Since you're psychic and all, you probably know who I am anyway. I just can't risk your readers finding out, is all. Anyway, I need you to tell me where my situation is going. I'm not always so convinced that my lawyers know exactly what they're doing, but I trust you completely. I'm getting tired of sitting in jail - then sitting in court - then sitting in jail again. I'm running out of nice suits for the cameras, too! I'm a man who's used to his freedom...the thrill of running in the open air across the lush green turf while the crowd cheers my name as I go for a touchdown! You know what I mean, don't you Madam Weegee. If you could offer me any hope at all, then the days in this cell would pass a little faster. Ask the powers that be if I'm going to get out of here soon. Remember...don't print my real name!

**Oliver Sampson
Los Angeles, CA**

Don't want people to find out who you are, eh? Well then, Jail-boy, How about I call you OhJay?

Dear OhJay:

We just got your letter in the other day. You could have written a book in the time that it took for that letter to get here!

Congratulations on your *ahem* victory. This explains why Madam Weegee left town so suddenly. Of course if she had taken her body with her it might have helped...

Anyway, I don't need to consult Madam Weegee's crystal deodorant on this one, my good man.

Let's see... at a fee of \$100,000 a month for a year and a half of defense, media bribes and hush money that comes out to about \$1.2 million for the length of the whole sham. Err, trial.

Well, I think that your lawyers know EXACTLY what they're doing. I mean, apparently it worked, now didn't it? I wonder exactly how much a 'race card' costs, anyway?

But I know what you're thinking. Where am I going to get all the money to pay for the attorney fees? May I suggest a lottery? In my day, there was nothing like raffling off a slightly stained Ford Bronco to build the cashola.

There's always the insurance money, too. Now, Madam Weegee, she didn't even wait for my old bones to settle before she started in on my brothers'. There's love for you.

Of course, like they always told us, save up for a rainy day! Now if it had been raining that day...

But the best advice that I can offer is in the words of my old friend Jack the Ripper. Do what you like, he said. So, you like to run across grass? How about 'Grass' running? Or, how about a fun run? Just get about a million sponsors - big name car rental agencies and the like - and run, O.J. run! There might be one or two people that will try to slow you down, but ignore them.

Hope that helps. By the way, see you in heck!

** Dear Madam Weegee:*

I've been really concerned about my love life. I don't usually write to advice columns, but I'm desperate. I've tried everything, and I still can't get a woman to go out with me. I've started showering faithfully every week - I even change my underwear! I spruced up my van to make it more comfortable on dates and still no takers! I tell you, ever since Mom moved out I've been pretty lonely. It would be really nice to have a little woman around to cook my

supper and fetch my beers for me just like Mom used to. I don't know what else to do. Please tell me Madam Weegee, will I find the woman of my dreams soon?

**Ronald Taylor
Hope, B.C.**

Dear Ronald,

Well, I've read your letter over and over and for the death of me, I couldn't tell what you are doing wrong, so I took a little trip over to your trailer to see for myself.

You have a lovely home, primarily consisting of what I like to call the 'neutral' tones. I haven't ever seen an actual indoor mushroom farm before, but you have certainly pulled it off marvellously. I can't see why you would even want a woman to mess up your life with all of their pink things. They say that men live longer when they get married? Ha! I think not. Look at me, resorting to inhabiting my ex-wife's body while she's away.

But from what I can tell from all those unpaid phone bills lying around, you must be pretty popular with the ladies. I never knew any with personalized phone numbers like 1-900-HOT-SEXX!

You could ask your Mom to come back, and if that doesn't work, just kidnap her. Not like she's doing anything important. Of course you could ask her why she told all those policemen about the bodies that you have buried on the backyard.

Well, that's all for me. I doubt I'll do this again, but it was one of the conditions of the alimony. Damn lawyers!

I have a few more hours left, so I think I'll play with my new body. I knew I married Weegee for a good reason! Love, (In a paternal and non-homoerotic way)
Uncle Stimp.



FICTION

Poetry

Counsellor Vents

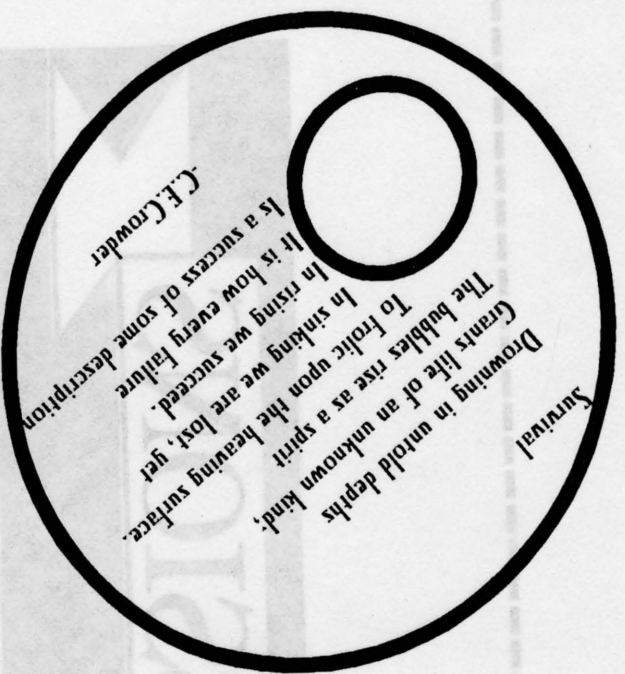
This life is riddled with,
A multitude of policies and procedures,
that are based on former events...
that nobody remembers;
yet, they continue to sightlessly follow;
because it's PRACTICE...
never questioning their aptness
or validness openly,
for fear of retribution.
These policies restrict initiative,
and curb independent thought.
Those who desire reform,
and PURSUE it,
are stamped radical and defiant;
and, are added to a list,
that is black.
Most, fearful of their own expulsion,
OBEY,
despite their inner voice.
This tragedy is called:
WORKING WITHIN THE SYSTEM.

-Tian-Agawa

Existence

One was, and never before
The door is open to a new creation
Living in a dimension within a dimension
Soft shooting through a laughable existence,
Becomes the main focus of the mind's eye
No more is to come
The end is the end
The movie is over, time to leave
No sequels.

-James Witty



SORCERESS TANG

DAUNTING EMOTIONS LAYER UPON MY HEART,
BLANKETS OF MIST UPON THE GRASS OF A COOL FALL NIGHT.
IN THE ORANGE SKY MEMORIES DULL,
AS RAYS LIKE A DAGGER CARVE THEIR SCARS.

MEMORIES ARE THE STITCHES TO THIS BELLA-DONNA ABSCESS.

EACH NEW DAY I SEE THE SAME WILTING FLOWER,
EACH NEW DAY IT COMES TO MEAN A LITTLE LESS.
HEAVEN BEYOND THESE EYES TURNS
OR DOES THE EARTH IN VAIN
AROUND THE AXIS OF UNCERTAINTY, MY ALLUSION, DISDAIN?

BLISTERED ARE MY THOUGHTS TRYING TO HOLD ON
NOTHING MORE THAN WORDS THAT HAVE FALLEN IN YOUR CAULDRON LOVE
TEARS BURN IN THIS ILLUSION I WALLOW
AND WITH THESE TEARS INTO THE SILENCE I FOLLOW.

-GLENN GRAHAM

The Argument

We sit staring at the wall, the silence
rebounding, thickening.
You look at your hands as if seeing them
for the first time. saying nothing at all
I sigh heavily, intertwining my hair
thru my fingers.
Too afraid to apologize not knowing what
your reactions will be.
Ah the laughter of cruelty.

An hour goes by, you go into the kitchen to
escape the silence.
Which is drowning out all else.
I ask myself why? I won't give in.
What is the barrier that stops us from
being rational?
I trace my thoughts for our happier moments.
And I start to grin. You ask my what is so funny.
the barrier has been broken.
But why is it so many times we remember
those long minutes when nothing was spoken?

Water On Time

Moore takes a drink, the bird flies away
Just another day
Ride up the river in your old canoe or
Swimming on down the line
Water on time

Fish fights for its life with a lamprey eel
The river runs fast
The berries are sweet and the flowers smell good
The river rapid rhyme
Water on time

The baldheaded buzzard looks me straight in the eye
The river runs fast
My throat is dry, to quench my thirst
The river's body is mine
Water on time

The blue jay sings and wants me to leave and
The crow calls my name
I ride the river to its source
It springs right into my mind
Water on time

-Bruce Dunn